

**Connections AAA - Congregate
September 2019**

| Monday 9/2/2019 <i>Closed</i> | Tuesday 9/3/2019 | Wednesday 9/4/2019 | Thursday 9/5/2019 | Friday 9/6/2019 |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Swiss Steak Mashed Red Potatoes Seasoned Green Beans Wheat Bread Spice Cake Coffee Milk Margarine | BBQ Rib Patty Pickle Slices Red Onions Whole Kernel Corn Coleslaw Hot Dog Bun Peach Cobbler Coffee Milk | Savory Apricot Chicken Baked Sweet Potato Green Peas with Mushrooms Multi Grain Bread Fresh Seasonal Fruit Coffee Milk Margarine | Country Fried Steak Country Gravy Whipped Potatoes Green Beans Wheat Bread Apricot Halves Coffee Milk Margarine |
| Monday 9/9/2019 | Tuesday 9/10/2019 | Wednesday 9/11/2019 | Thursday 9/12/2019 | Friday 9/13/2019 |
| Baked Chicken Breast Blackberry BBQ Sauce Whole Kernel Corn Green Beans Wheat Roll Fresh Seasonal Fruit Coffee Milk Margarine | Hamburger Patty Lettuce & Tomato Oven Roasted Potatoes Baked Beans Wheat Hamburger Bun Strawberry Cheesecake Pudding Coffee Milk Ketchup & Mustard | Roast Beef Brown Gravy Whipped Potatoes Sliced Carrots Wheat Roll Birthday Cake Coffee Milk Margarine | Chicken & Dumplings Stewed Tomatoes Green Peas Multi Grain Bread Chocolate Chip Cookie Coffee Milk Margarine | Pork Loin Pork Sauce Au Gratin Potatoes Broccoli Dinner Roll Sliced Pears Coffee Milk Margarine |
| Monday 9/16/2019 | Tuesday 9/17/2019 | Wednesday 9/18/2019 | Thursday 9/19/2019 | Friday 9/20/2019 |
| Breaded Pollock Baked Sweet Potato Brussels Sprouts Multi Grain Bread Sugar Cookie Coffee Milk Margarine Tartar Sauce | Oven Fried Chicken Breast Whipped Potatoes Brown Gravy Beets Wheat Roll Fruited Gelatin Coffee Milk Margarine | Sloppy Joe Crispy Cubed Potatoes Mixed Vegetables Hamburger Bun Pineapple Tidbits Coffee Milk | Tuna Salad Potato Salad Cucumber Tomato Salad Wheat Bread (2) Strawberry Applesauce Coffee Milk | Beef Spaghetti Casserole Mixed Green Salad Seasoned Green Beans Wheat Bread Cherry Cobbler Coffee Milk Margarine Italian Dressing |
| Monday 9/23/2019 | Tuesday 9/24/2019 | Wednesday 9/25/2019 | Thursday 9/26/2019 | Friday 9/27/2019 |
| Baked Chicken Breast Tomato Basil Sauce Country Potatoes Cabbage Multi Grain Bread Applesauce Coffee Milk Margarine | Turkey Breast Turkey Gravy Mashed Red Potatoes Peas & Carrots Multi Grain Bread Fluffy Fruit Salad Coffee Milk Margarine | Breaded Pollock Parslied Potatoes Coleslaw Wheat Hamburger Bun Mixed Fruit Cobbler Coffee Milk Tartar Sauce | Taco Meat Shredded Cheese Lettuce & Tomato Pinto Beans Whole Kernel Corn Tortilla Chips Rocky Road Pudding Milk Taco Sauce & Sour Cream | Open Face Roast Beef Sandwich Whipped Potatoes with Gravy Italian Vegetable Blend Sliced Pears Coffee Milk Margarine |
| Monday 9/30/2019 | **MENU SUBJECT TO CHANGE WITHOUT NOTICE** | | | |
| Sausage with Onions & Peppers Baby Red Potatoes Green Beans Hot Dog Bun Mandarin Oranges Coffee Milk Ketchup & Mustard | | | | |