

Connections AAA - Congregate
June 2019

Monday 6/3/2019	Tuesday 6/4/2019	Wednesday 6/5/2019	Thursday 6/6/2019	Friday 6/7/2019
Breaded Pollock Parslied Potatoes Mixed Vegetables Hamburger Bun Fresh Seasonal Fruit Coffee Milk Tartar Sauce	Lasagna Casserole Mixed Green Salad Baby Carrots Multi-Grain Bread Applesauce Coffee Milk Margarine	Chicken Cacciatore Au Gratin Rotini Brussels Sprouts Wheat Bread Chocolate Chip Cookie Coffee Milk Margarine	Country Fried Steak Country Gravy Whipped Potatoes Whole Kernel Corn  Multi-Grain Bread Fresh Seasonal Fruit Coffee Milk Margarine (2)	Turkey Breast Turkey Gravy Baked Sweet Potato Capri Vegetable Blend Multi-Grain Bread Apricot Halves Coffee Milk Margarine
Monday 6/10/2019	Tuesday 6/11/2019	Wednesday 6/12/2019	Thursday 6/13/2019	Friday 6/14/2019
Sausage with Onions & Peppers Roasted Sweet Potatoes Broccoli Multi Grain Bread Apricots  Coffee Milk Margarine	Hamburger Patty Lettuce & Tomato Mixed Cabbage with Carrots Baked Beans Wheat Hamburger Bun Carnival Cookie Coffee Milk Ketchup Mustard	Roast Beef Brown Gravy Whipped Potatoes Green Peas Wheat Roll Birthday Cake Coffee Milk Margarine	Ham and White Beans Green Beans Glazed Baby Carrots Cornbread Tropical Fruit Coffee Milk Margarine	Father's Day Honey Baked Chicken Whipped Potatoes with Gravy Green Peas Dinner Roll Apple Pie Coffee Milk Margarine
Monday 6/17/2019	Tuesday 6/18/2019	Wednesday 6/19/2019	Thursday 6/20/2019	Friday 6/21/2019
Salisbury Beef Baked Potato Spinach Multi-Grain Bread Strawberry Applesauce Coffee Milk Margarine (2) Sour Cream	Pork Roast Brown Gravy Whipped Potatoes Sliced Carrots Wheat Roll Sugar Cookie Coffee Milk Margarine	Chicken Supreme Whole Kernel Corn Zucchini & Tomatoes Multi-Grain Bread Ambrosia Pudding Coffee Milk Margarine	Beef Spaghetti Casserole Seasoned Green Beans Mixed Green Salad Wheat Bread Sliced Pears Coffee Milk Italian Salad Dressing	Chicken Salad Lettuce & Tomato Potato Salad Wheat Hamburger Bun Peaches Coffee Milk
Monday 6/24/2019	Tuesday 6/25/2019	Wednesday 6/26/2019	Thursday 6/27/2019	Friday 6/28/2019
Beef & Noodle Casserole Green Peas Sliced Carrots Multi Grain Bread Sliced Pears Coffee Milk Margarine	Scalloped Chicken Casserole Mixed Vegetables Mixed Green Salad Wheat Bread Pineapple Tidbits Coffee Milk Ranch Dressing	Taco Meat Lettuce & Tomato Shredded Cheese Mexican Rice Mixed Beans Tortilla Chips Fresh Seasonal Fruit Coffee Milk Taco Sauce & Sour Cream	Cranberry Dijon Chicken Mashed Sweet Potatoes Broccoli & Cauliflower Wheat Roll Apricot Halves Coffee Milk Margarine	Liver and Onions or Beef with Onion Gravy Whipped Potatoes Green Beans Wheat Roll Oatmeal Cookie Coffee Milk Margarine



Indicates Meal is High in Sodium **MENU SUBJECT TO CHANGE WITHOUT NOTICE**