

Connections - Congregate

February 2023

MONDAY	TUESDAY	WEDNESDAY 2/1/2023	THURSDAY 2/2/2023	FRIDAY 2/3/2023
		Taco Meat Shredded Cheese Lettuce & Tomato Pinto Beans Tortilla Chips Brownie Milk	Tuna Noodle Casserole Green Peas White Bread Hot Pineapple Tidbits Milk Margarine	Chicken Stuffing Casserole Whipped Potatoes w/ Gravy Green Beans White Bread Baked Cookie Milk Margarine
2/6/2023 Potato Crusted Fish Parslied Rice Stewed Tomatoes White Bread Pineapple Tidbits Milk Tartar Sauce	2/7/2023 Turkey Ham with White Beans Glazed Baby Carrots Cornbread Lemon Bar Milk Margarine	2/8/2023 Meatloaf Baked Sweet Potato Cauliflower Dinner Roll Baked Cookie Milk Tartar Sauce	2/9/2023 Roast Beef Brown Gravy Whipped Potatoes Whole Kernel Corn White Bread Birthday Cake Milk Margarine	2/10/2023 Breaded Chicken Patty Scalloped Potatoes Green Peas Hamburger Bun Fresh Seasonal Fruit Milk Mayonnaise
2/13/2023 Chili Baked Potato Tossed Salad Saltine Crackers Hot Spiced Apples Milk Margarine (2) Salad Dressing Sour Cream	2/14/2022 <i>Valentine's Day</i> Oven Fried Chicken Whipped Potatoes w/Gravy Seasoned Green Peas Dinner Roll Cookie Milk Margarine	2/15/2023 Hamburger Patty Fresh Onion Slice Oven Roasted Potatoes Baked Beans Hamburger Bun Fresh Fruit Milk Ketchup Mustard	2/16/2023 Sliced Ham Baby Red Potatoes Roasted Brussels Sprouts White Bread Cookie Milk Margarine	2/17/2023 Chicken Fettuccini Broccoli Wheat Bread Peach Cobbler Milk Margarine
2/20/2023 <i>Presidents' Day</i> <i>Closed</i>	2/21/2023 Country Fried Steak Country Gravy Whipped Potatoes Mixed Vegetables Multi-Grain Bread Baked Cookie Milk Margarine	2/22/2023 <i>Ash Wednesday</i> Macaroni and Cheese Diced Beets Seasoned Green Beans Wheat Bread Strawberry Shortcake Cookie Milk	2/23/2023 Salisbury Beef Brown Gravy Whipped Potatoes Whole Kernel Corn Dinner Roll Pineapple Tidbits Milk Margarine	2/24/2023 Cheese Omelet Hash browns Spiced Applesauce Wheat Bread Orange Juice Milk Margarine
2/27/2023 Meatballs w/Gravy Whipped Potatoes Broccoli White Bread Mixed Fruit Milk Margarine	2/28/2023 Spaghetti Casserole Green Peas Tossed Salad Garlic Bread Hot Sliced Peaches Milk Margarine Ranch Dressing			 <p>TRIO Community Meals an elior company</p>