

Connections AAA - HDM

September 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



an elior company

9/4/2023

Closed

9/5/2023

Cheese Omelet
Hashbrown Casserole
Stewed Tomatoes
Blueberry Muffin
Orange Juice
Coffee
Beverage Mix

9/6/2023

Hamburger Patty
Sliced Cheese
Fresh Sliced Onions
Scalloped Potatoes
Green Beans
Hamburger Bun
Gelatin
Beverage Mix
Ketchup/Mustard

9/7/2023

Berry Almond Chicken Salad
Marinated Carrots
Saltine Crackers
Baked Cookie
Beverage Mix
Ranch Dressing

9/8/2023

Salisbury Beef
Brown Gravy
Whipped Potatoes
Green Peas
Multi-Grain Bread
Fresh Seasonal Fruit
Beverage Mix
Margarine

9/11/2023

Breaded Chicken Patty
Sliced Carrots
Potato Salad
Hamburger Bun
Pineapple Crisp
Beverage Mix
Mayonnaise

9/12/2023

Baked Meatballs
Brown Gravy
Whipped Potatoes
Green Beans
Dinner Roll
Fresh Seasonal Fruit
Beverage Mix
Margarine

9/13/2023

Sloppy Joe
Scalloped Potatoes
Tangy Spinach
Hamburger Bun
Baked Cookie
Beverage Mix

9/14/2023

Potato Crusted Pollock
Macaroni & Cheese
Broccoli
Garlic Breadstick
Baked Cookie
Beverage Mix
Margarine
Lard Sauce

9/15/2023

Roast Beef
Brown Gravy
Whipped Potatoes
Green Peas
Wheat Roll
Ureo Brownie
Beverage Mix
Margarine

9/18/2023

Chicken Salad
Pasta Salad
Coleslaw
Wheat Bread (2)
Baked Cookie
Beverage Mix

9/19/2023

Country Fried Steak
Country Gravy
Whipped Potatoes
Sliced Carrots
Dinner Roll
Fresh Seasonal Fruit
Beverage Mix
Margarine

9/20/2023

Sliced Turkey Breast
Poultry Gravy
Whipped Potatoes
Mixed Vegetables
Dinner Roll
Pudding
Beverage Mix
Margarine

9/21/2023

Ham & White Beans
Green Peas
Diced Beets
Cornbread
Diced Peas
Beverage Mix
Margarine

9/22/2023

Spaghetti Casserole
Tossed Salad
Green Beans
Garlic Breadstick
Peach Crisp
Beverage Mix
Margarine
Ranch Dressing

9/25/2023

Oven Fried Chicken
Whipped Potatoes
Poultry Gravy
Roasted Brussels Sprouts
Dinner Roll
Pudding
Beverage Mix
Margarine

9/26/2023

Goulash
Green Beans
Broccoli/Cauliflower
Wheat Bread
Baked Cookie
Beverage Mix
Margarine

9/27/2023

BBQ Rib Patty
Oven Roasted Potato
Baked Beans
Hamburger Bun
Fresh Seasonal Fruit
Beverage Mix
Pickle Slices

9/28/2023

Chicken A La King
Mashed Sweet Potatoes
Cauliflower
Biscuit
Lemon Bar
Beverage Mix
Margarine

9/29/2023

Taco Meat
Shredded Cheese
Lettuce & Tomato
Pinto Beans
Whole Kernel Corn
Flour Tortilla
Fresh Seasonal Fruit
Beverage Mix
Taco Sauce
Sour Cream