

# Connections AAA - Congregate

## November 2019



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								11/1/2019	
								Liver and Onions or Beef with Onion Gravy Mashed Red Potatoes Succotash Wheat Roll Fresh Fruit Coffee Milk Margarine	
11/4/2019		11/5/2019		11/6/2019		11/7/2019		11/8/2019	
Baked Chicken Breast Savory Apricot Sauce Cheesy Whipped Potatoes Diced Beets Wheat Roll Strawberry Shortcake Cookie Coffee Milk Margarine		Beef Tips with Noodles Green Peas Glazed Baby Carrots Dinner Roll Fresh Fruit Coffee Milk Margarine		Sausage w/Onions & Peppers Roasted Sweet Potatoes Broccoli Hot Dog Bun Applesauce Coffee Milk Margarine		Hamburger Patty Lettuce & Tomato Oven Roasted Potatoes Mixed Vegetables Hamburger Bun Mandarin Oranges Coffee Milk Ketchup Mustard		Pork Loin Supreme Sauce Mashed Red Potatoes Brussels Sprouts Dinner Roll Spice Cake Coffee Milk Margarine	
11/11/2019		11/12/2019		11/13/2019		11/14/2019		11/15/2019	
<b>Closed for Holiday</b>		Turkey Ham & White Beans Carrots Cornbread Peach Cobbler Coffee Milk Margarine		Roast Beef Brown Gravy Whipped Potatoes Lima Beans Wheat Roll Birthday Cake Ice Cream Coffee Milk Margarine		Chicken A La King Baked Sweet Potato Seasoned Green Beans Biscuit Pineapple Tidbits Coffee Milk Margarine (2)		Beef Spaghetti Casserole Italian Vegetable Blend Tossed Salad Texas Bread Cinnamon Applesauce Coffee Milk Margarine Italian Dressing	
11/18/2019		11/19/2019		11/20/2019		11/21/2019		11/22/2019	
Cheese Omelet Roasted Diced Potatoes Hot Apples with Raisins Biscuit Orange Juice Coffee Milk Margarine		Baked Chicken Breast Tomato Basil Sauce Baked Potato Mixed Vegetables Wheat Bread Chocolate Chip Brownie Coffee Milk Margarine (2) Sour Cream		Beef Goulash Green Beans Breadstick Mixed Fruit Coffee Milk		Meatballs w/Mushroom Gravy White Rice Sliced Carrots Multi-Grain Bread Butterscotch Pudding Coffee Milk Margarine		Turkey Breast Turkey Gravy Sweet Potato Casserole Cauliflower w/Cheese Sauce Wheat Roll Fresh Fruit Coffee Milk Margarine	
11/25/2019		11/26/2019		11/27/2019		11/28/2019		11/29/2019	
Country Fried Steak Country Gravy Whipped Potatoes Whole Kernel Corn Fresh Fruit Coffee Milk Margarine		Hot Ham and Cheese Potato Wedges Mixed Vegetables Hamburger Bun Cranapplesauce Coffee Milk		<b>Thanksgiving Meal</b> Turkey Breast Turkey Gravy Whipped Potatoes Bread Dressing Green Beans Wheat Roll Pumpkin Pie Milk Margarine		<b>Closed for Holiday</b>		<b>Closed for Holiday</b>	