

**Connections AAA - Congregate
April 2019**

Monday 4/1/2019	Tuesday 4/2/2019	Wednesday 4/3/2019	Thursday 4/4/2019	Friday 4/5/2019 <i>Lent</i>
Salisbury Beef Baked Potato Spinach Multi-Grain Bread Strawberry Applesauce Coffee Milk Margarine (2) Sour Cream	Chicken Salad Lettuce & Tomato Potato Salad Wheat Hamburger Bun Peaches Coffee Milk	Pork Roast Brown Gravy Whipped Potatoes Sliced Carrots Wheat Roll Sugar Cookie Coffee Milk Margarine	Beef Spaghetti Casserole Seasoned Green Beans Mixed Green Salad Wheat Bread Sliced Pears Coffee Milk Italian Salad Dressing	Breaded Pollock Whole Kernel Corn Stewed Tomatoes Hamburger Bun Lemon Swirl Pudding Coffee Milk Tartar Sauce
Monday 4/8/2019	Tuesday 4/9/2019	Wednesday 4/10/2019	Thursday 4/11/2019	Friday 4/12/2019 <i>Lent</i>
Baked Chicken Breast Savory Apricot Sauce Baked Sweet Potato Italian Vegetable Blend Dinner Roll Fresh Seasonal Fruit Coffee Milk Margarine (2)	Ham and White Beans Green Beans Glazed Baby Carrots Cornbread Tropical Fruit Coffee Milk Margarine	Roast Beef Brown Gravy Whipped Potatoes Green Peas Wheat Roll Birthday Cake Coffee Milk Margarine	Sausage with Onions & Peppers Roasted Sweet Potatoes Broccoli Multi Grain Bread Apricots Coffee Milk Margarine	Tuna Noodle Casserole Green Peas Sliced Carrots Multi Grain Bread Sliced Pears Coffee Milk Margarine
Monday 4/15/2019	Tuesday 4/16/2019	Wednesday 4/17/2019	Thursday 4/18/2019 <i>Easter</i>	Friday 4/19/2019 <i>Lent</i>
Chicken Tetrizzini Herbed Green Peas Sliced Carrots Wheat Bread Peaches Coffee Milk Margarine	BBQ Pork Rib Patty Parslied Potatoes Coleslaw Hamburger Bun Spiced Apples Coffee Milk BBQ Sauce	Beef Chili with Beans Baked Potato Mixed Green Salad Wheat Roll Sliced Pears Coffee Milk Margarine (2) Sour Cream Ranch Dressing	Glazed Ham Macaroni & Cheese Green Beans Dinner Roll Carrot Cake with Frosting Coffee Milk Margarine	Breaded Pollock Roasted Potato Medley Mixed Vegetables Wheat Bread Carnival Cookie Coffee Milk Tartar Sauce
Monday 4/22/2019	Tuesday 4/23/2019	Wednesday 4/24/2019	Thursday 4/25/2019	Friday 4/26/2019
Cranberry Dijon Chicken Mashed Sweet Potatoes Broccoli & Cauliflower Wheat Roll Apricot Halves Coffee Milk Margarine	Beef & Noodle Casserole Green Peas Sliced Carrots Multi Grain Bread Sliced Pears Coffee Milk Margarine	Liver and Onions or Beef with Onion Gravy Whipped Potatoes Green Beans Wheat Roll Oatmeal Cookie Coffee Milk Margarine	Scalloped Chicken Casserole Mixed Vegetables Mixed Green Salad Wheat Bread Pineapple Tidbits Coffee Milk Ranch Dressing	Taco Meat Lettuce & Tomato Shredded Cheese Mexican Rice Mixed Beans Tortilla Chips Fresh Seasonal Fruit Coffee Milk Taco Sauce & Sour Cream
Monday 4/29/2019	Tuesday 4/30/2019	**MENU SUBJECT TO CHANGE WITHOUT NOTICE**		
Country Fried Steak Country Gravy Whipped Potatoes Whole Kernel Corn Multi-Grain Bread Fresh Seasonal Fruit Coffee Milk Margarine (2)	Turkey Breast Turkey Gravy Baked Sweet Potato Capri Vegetable Blend Multi-Grain Bread Apricot Halves Coffee Milk Margarine			

 Indicates Meal is High in Sodium