<b>Connections AAA- Congregate</b>	
March 2023	

March 2023				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		3/1/2023	3/2/2023	3/3/2023
		Pork	Chicken w/Gravy	Tuna Salad
		BBQ Sauce	Whipped Potatoes	Tomato Cucumber Salad
TRIO		Au Gratin Potatoes	Lima Beans	Potato Salad
		Whole Kernel Corn	White Bread	White Bread (2)
Community Meals		Hamburger Bun	Gelatin	Baked Cookie
an elior company		Fresh Seasonal Fruit	Milk	Milk
2/5/2022	2/7/2022	Milk	Margarine	Margarine
3/6/2023	3/7/2023	3/8/2023	3/9/2023	3/10/2023
Breaded Chicken Patty	Turkey Ham with White Beans	Roast Beef	Meatloaf	Potato Crusted Fish
Scalloped Potatoes Green Peas	Glazed Baby Carrots Cornbread	Brown Gravy Whipped Potatoes	Baked Sweet Potato Cauliflower	Parslied Rice Stewed Tomatoes
Hamburger Bun	Lemon Bar	Whole Kernel Corn	Dinner Roll	White Bread
Fresh Seasonal Fruit	Milk	White Bread	Baked Cookie	Pineapple Tidbits
Milk	Margarine	Birthday Cake	Milk	Milk
Mayonnaise	Margarine	Milk	Margarine (2)	Tartar Sauce
Mayorifiaise		Margarine	Walgarine (2)	
3/13/2023	3/14/2023	3/15/2023	3/16/2023	3/17/2023
Chili	Sliced Ham	Hamburger Patty	Chicken Fettuccini	St. Patrick's Day
Baked Potato	Baby Red Potatoes	Fresh Onion Slice	Broccoli	Corned Beef
Tossed Salad	Roasted Brussels Sprouts	Oven Roasted Potatoes	Wheat Bread	Baby Red Potatoes
Saltine Crackers	White Bread	Baked Beans	Peach Cobbler	Cabbage
Hot Spiced Apples	Cookie	Hamburger Bun	Milk	Rye Bread
Milk	Milk	Fresh Fruit	Margarine	Lime Gelatin Cake
Margarine (2)	Margarine	Milk		Milk
Salad Dressing		Ketchup		Margarine
Sour Cream		Mustard		
3/20/2023	3/21/2023	3/22/2023	3/23/2023	3/24/2023
Beef Stew	Country Fried Steak	Beef and Noodle Casserole	Salisbury Beef	Cheese Omelet
Peas	Country Gravy	Carrots	Brown Gravy	Hash browns
Tossed Salad	Whipped Potatoes	Green Beans	Whipped Potatoes	Spiced Applesauce
Corn Bread	Mixed Vegetables	Dinner Roll	Whole Kernel Corn	Wheat Bread
Tropical Fruit	Multi-Grain Bread Baked Cookie	Brownie	Dinner Roll	Orange Juice
Milk	Milk	Milk	Pineapple Tidbits Milk	Milk
Margarine Ranch Dressing	Margarine	Margarine	Margarine	Margarine
3/27/2023	3/28/2023	3/29/2023	3/30/2023	3/31/2023
BBQ Rib Patty	Taco Meat	Chicken Stuffing Casserole	Liver & Onions	Tuna Noodle Casserole
Pickle Slices	Shredded Cheese	Whipped Potatoes w/ Gravy	Or	Green Peas
Parslied Potatoes	Lettuce & Tomato	Green Beans	Hamburger Patty	White Bread
Carrots	Pinto Beans	White Bread	Onion Gravy	Hot Pineapple Tidbits
Hamburger Bun	Tortilla Chips	Baked Cookie	Whipped Potatoes	Milk
Fresh Seasonal Fruit	Brownie	Milk	Mixed Vegetables	Margarine
Milk	Milk	Margarine	White Bread	
			Fruited Gelatin	
			Milk	
			Margarine	