

**Connections AAA - Congregate  
July 2019**

Monday 7/1/2019	Tuesday 7/2/2019	Wednesday 7/3/2019	Thursday 7/4/2019	Friday 7/5/2019
Breaded Pollock Baked Sweet Potato Brussels Sprouts Multi Grain Bread Sugar Cookie Coffee Milk Margarine Tartar Sauce	Beef Spaghetti Casserole Mixed Green Salad Seasoned Green Beans Wheat Bread Cherry Cobbler Coffee Milk Margarine Italian Dressing	<b>Independence Day Meal</b> Pulled BBQ Pork Au Gratin Potatoes Baked Beans Hamburger Bun Strawberry Shortcake Coffee Milk	<b>Closed</b>	<b>Closed</b>
Monday 7/8/2019	Tuesday 7/9/2019	Wednesday 7/10/2019	Thursday 7/11/2019	Friday 7/12/2019
Roast Beef Brown Gravy Whipped Potatoes Sliced Carrots Wheat Roll Birthday Cake Coffee Milk Margarine	Chicken & Dumplings Stewed Tomatoes Green Peas Multi Grain Bread Chocolate Chip Cookie Coffee Milk Margarine	Pork Loin Pork Sauce Au Gratin Potatoes Broccoli Dinner Roll Sliced Pears Coffee Milk Margarine	Hamburger Patty Lettuce & Tomato Oven Roasted Potatoes Baked Beans Wheat Hamburger Bun Strawberry Cheesecake Pudding Coffee Milk Ketchup & Mustard	Baked Chicken Breast Blackberry BBQ Sauce Whole Kernel Corn Green Beans Wheat Roll Fresh Seasonal Fruit Coffee Milk Margarine
Monday 7/15/2019	Tuesday 7/16/2019	Wednesday 7/17/2019	Thursday 7/18/2019	Friday 7/19/2019
Open Face Roast Beef Sandwich Whipped Potatoes with Gravy Italian Vegetable Blend Sliced Pears Coffee Milk Margarine	Breaded Pollock Parslied Potatoes Coleslaw Wheat Hamburger Bun Mixed Fruit Cobbler Coffee Milk Tartar Sauce	Taco Meat Shredded Cheese Lettuce & Tomato Pinto Beans Whole Kernel Corn Tortilla Chips Rocky Road Pudding Milk Taco Sauce & Sour Cream	Turkey Breast Turkey Gravy Mashed Red Potatoes Peas & Carrots Multi Grain Bread Fluffy Fruit Salad Coffee Milk Margarine	Baked Chicken Breast Tomato Basil Sauce Country Potatoes Cabbage Multi Grain Bread Applesauce Coffee Milk Margarine
Monday 7/22/2019	Tuesday 7/23/2019	Wednesday 7/24/2019	Thursday 7/25/2019	Friday 7/26/2019
Sausage with Onions & Peppers Baby Red Potatoes Green Beans Hot Dog Bun Mandarin Oranges Coffee Milk Ketchup & Mustard	Liver and Onions or Beef with Onion Gravy Whipped Potatoes Lima Beans Dinner Roll Carnival Cookie Coffee Milk Margarine	BBQ Chicken Baked Sweet Potato Broccoli Wheat Bread Fruited Gelatin Coffee Milk Margarine	Pork Loin Supreme Sauce Whipped Potatoes Mixed Vegetables Multi Grain Bread Fruit Cocktail Coffee Milk Margarine	Cranberry Chicken Salad Green Pea Salad Potato Chips Croissant Fresh Seasonal Fruit Coffee Milk
Monday 7/29/2019	Tuesday 7/30/2019	Wednesday 7/31/2019	<b>**MENU SUBJECT TO CHANGE WITHOUT NOTICE**</b>	
Country Fried Steak Country Gravy Whipped Potatoes Green Beans Wheat Bread Apricot Halves Coffee Milk Margarine	Chicken Marsala Au Gratin Potatoes Glazed Carrots Multi Grain Bread Pina Colada Pudding Coffee Milk Margarine	Swiss Steak Mashed Red Potatoes Seasoned Green Beans Wheat Bread Spice Cake Coffee Milk Margarine		