

# Connections AAA

## January 2022



**TRIO** Community Meals  
an etier company

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1/3/2022</b> Breaded Pollock Cheesy Potatoes Sliced Carrots Hamburger Bun Fresh Seasonal Fruit Milk Tartar Sauce	<b>1/4/2022</b> Sliced Ham Red Potatoes Broccoli Wheat Bread Oatmeal Cookie Milk Margarine	<b>1/5/2022</b> Hamburger Patty Lettuce, Tomato, Onion Oven Roasted Potatoes Baked Beans Hamburger Bun Applesauce Cup Milk Ketchup Mustard	<b>1/6/2022</b> Baked Chicken Breast Lemon Dill Sauce Mashed Sweet Potatoes Green Peas Wheat Bread Rocky Road Pudding Milk Margarine	<b>1/7/2022</b> Beef Chili Baked Potato Tossed Salad Saltine Crackers Cinnamon Roll Milk Margarine (2) Sour Cream Salad Dressing
<b>1/10/2022</b> Turkey Breast Turkey Gravy Whipped Potatoes Whole Kernel Corn Wheat Bread Birthday Cake Ice Cream (C) Milk Margarine	<b>1/11/2022</b> Ham with White Beans Glazed Baby Carrots Cornbread Muffin Iced Brownie Milk Margarine	<b>1/12/2022</b> Breaded Fish Fillet Parslied Potatoes Stewed Tomatoes Wheat Hamburger Bun Mandarin Oranges Milk Tartar Sauce	<b>1/13/2022</b> Pineapple Chicken Breast Scalloped Potatoes Roasted Brussels Sprouts Wheat Dinner Roll Fresh Fruit Milk Margarine	<b>1/14/2022</b> Meatloaf Baked Sweet Potatoes Green Beans Wheat Roll Chocolate Chip Cookie Milk Margarine (2)
<b>1/17/2022</b> Cheese Omelet Hashbrown Casserole Hot Cinnamon Applesauce Muffin Orange Juice Milk Margarine	<b>1/18/2022</b> Baked Chicken Breast Tomato Basil Sauce Baked Potato Mixed Vegetables Wheat Bread Cinnamon Sugar Cookie Milk Margarine/Sour Cream	<b>1/19/2022</b> Beef Goulash Glazed Carrots Tossed Salad Garlic Breadstick Brownie Milk Salad Dressing	<b>1/20/2022</b> Meatballs with Mushroom Gravy Whipped Potatoes Sliced Carrots Wheat Dinner Roll Pineapple Tidbits Milk Margarine	<b>1/21/2022</b> Turkey Breast Turkey Gravy Whipped Sweet Potatoes Green Beans Wheat Roll Mandarin Oranges Milk Margarine
<b>1/24/2022</b> Pasta Primavera Beet Salad Green Beans Wheat Bread Strawberry Shortcake Cookie Milk Margarine	<b>1/25/2022</b> Spaghetti Casserole Seasoned Green Beans Tossed Salad White Bread Hot Sliced Peaches Milk Salad Dressing	<b>1/26/2022</b> BBQ Pulled Pork Au Gratin Potatoes Baked Beans Hamburger Bun Fresh Seasonal Fruit Milk	<b>1/27/2022</b> Beef Stew Cabbage Biscuit Applesauce Milk Margarine	<b>1/28/2022</b> Baked Chicken Chicken Gravy Mashed Potatoes Lima Beans Wheat Bread Carnival Cookie Milk Margarine
<b>1/31/2022</b> Liver & Onions OR Hamburger Patty Whipped Potatoes w/Onion Gravy Roasted Brussels Sprouts Wheat Bread Lemon Pudding Milk				