## Connections AAA - Congregate December 2018

Monday 12/3/2018	Tuesday 12/4/2018	Wednesday 12/5/2018	Thursday 12/6/2018	Friday 12/7/2018
Baked Chicken Breast	Beef Pepper Casserole #	Chicken Corn Chowder	Hamburger Patty	Pork Loin
Savory Apricot Sauce	Green Peas	Mixed Green Salad	Lettuce & Tomato	Supreme Sauce
Cheesy Whipped Potatoes	Baby Carrots	Italian Vegetable Blend	Oven Roasted Potatoes	Mashed Red Potatoes
Diced Beets	Dinner Roll	Wheat Roll	Mixed Vegetables	Brussels Sprouts
Wheat Roll	Fresh Fruit	Apple Cobbler	Hamburger Bun	Dinner Roll
Fruit Cocktail		Coffee	Mandarin Oranges	Spice Cake
Coffee	Coffee 🦉 Milk	Milk	Coffee	Coffee
Milk	Margarine	Margarine	Milk	Milk
Margarine		Ranch Dressing	Ketchup	Margarine
			Mustard	
Monday	Tuesday	Wednesday	Thursday	Friday
12/10/2018	12/11/2018	12/12/2018	12/13/2018	12/14/2018
Breaded Pollock	Turkey Ham and White Beans	Beef Spaghetti Casserole	Chicken & Dumplings	Roast Beef
Parslied Potatoes	Capri Vegetable Blend	Italian Vegetable Blend	Baked Sweet Potato	Brown Gravy
Lima Beans	Cornbread	Mixed Green Salad	Seasoned Green Beans	Mashed Red Potatoes
Wheat Hamburger Bun	Peach Cobbler	Dinner Roll	Biscuit	Green Peas
Fresh Fruit	Coffee	Hot Cinnamon Applesauce	Pineapple Tidbits	Wheat Roll
Coffee	Milk	Coffee	Coffee	Birthday Cake
Milk	Margarine	Milk	Milk	Coffee
Margarine		Margarine	Margarine (2)	Milk
Tartar Sauce		Italian Dressing		Margarine
				in a game
Monday	Tuesday	Wednesday	Thursday	Friday
12/17/2018	12/18/2018	12/19/2018	12/20/2018	12/21/2018
BBQ Pork Rib Patty	Beef Chili with Beans	Chicken Fettuccini #	Country Fried Steak	Christmas Meal
Oven Roasted Sweet Potatoes	Baked Potato	Mixed Green Salad	Country Gravy	Pineapple Baked Ham
Mixed Vegetables	Broccoli	Baby Carrots	Whipped Potatoes	Scalloped Potatoes
Wheat Hamburger Bun	Cinnamon Roll	Garlic Breadstick #	Whole Kernel Corn	Mixed Vegetables
Pears			WHOLE KEITIEL COTT	
i cui s	Coffee	Mixed Fruit Cobbler	Peaches	Wheat Roll
Coffee	Coffee Milk	Mixed Fruit Cobbler Coffee		Wheat Roll
Coffee	Milk	Coffee	Peaches Coffee	Wheat Roll Dutch Apple Pie
Coffee Milk	Milk Margarine (2)	Coffee Milk	Peaches Coffee Milk	Wheat Roll Dutch Apple Pie Milk
Coffee	Milk	Coffee Milk Margarine	Peaches Coffee	Wheat Roll Dutch Apple Pie
Coffee Milk BBQ Sauce	Milk Margarine (2) Sour Cream	Coffee Milk Margarine Ranch Dressing	Peaches Coffee Milk Margarine (2)	Wheat Roll Dutch Apple Pie Milk Margarine
Coffee Milk BBQ Sauce Monday	Milk Margarine (2) Sour Cream Tuesday	Coffee Milk Margarine Ranch Dressing Wednesday	Peaches Coffee Milk Margarine (2) Thursday	Wheat Roll Dutch Apple Pie Milk Margarine Friday
Coffee Milk BBQ Sauce Monday 12/24/2018	Milk Margarine (2) Sour Cream Tuesday 12/25/2018	Coffee Milk Margarine Ranch Dressing Wednesday 12/26/2018	Peaches Coffee Milk Margarine (2) Thursday 12/27/2018	Wheat Roll Dutch Apple Pie Milk Margarine Friday 12/28/2018
Coffee Milk BBQ Sauce Monday	Milk Margarine (2) Sour Cream Tuesday	Coffee Milk Margarine Ranch Dressing Wednesday 12/26/2018 Garlic Rosemary Chicken	Peaches Coffee Milk Margarine (2) Thursday 12/27/2018 Meatloaf	Wheat Roll Dutch Apple Pie Milk Margarine Friday 12/28/2018 Taco Meat
Coffee Milk BBQ Sauce Monday 12/24/2018	Milk Margarine (2) Sour Cream Tuesday 12/25/2018	Coffee Milk Margarine Ranch Dressing Wednesday 12/26/2018 Garlic Rosemary Chicken Confetti Rice	Peaches Coffee Milk Margarine (2) Thursday 12/27/2018 Meatloaf Tomato Gravy	Wheat Roll Dutch Apple Pie Milk Margarine Friday 12/28/2018 Taco Meat Shredded Cheese
Coffee Milk BBQ Sauce Monday 12/24/2018	Milk Margarine (2) Sour Cream Tuesday 12/25/2018	Coffee Milk Margarine Ranch Dressing Wednesday 12/26/2018 Garlic Rosemary Chicken Confetti Rice Harvard Beets	Peaches Coffee Milk Margarine (2) Thursday 12/27/2018 Meatloaf Tomato Gravy Red Potatoes	Wheat Roll Dutch Apple Pie Milk Margarine Friday 12/28/2018 Taco Meat Shredded Cheese Lettuce & Tomato
Coffee Milk BBQ Sauce Monday 12/24/2018	Milk Margarine (2) Sour Cream Tuesday 12/25/2018	Coffee Milk Margarine Ranch Dressing Wednesday 12/26/2018 Garlic Rosemary Chicken Confetti Rice Harvard Beets Wheat Roll	Peaches Coffee Milk Margarine (2) Thursday 12/27/2018 Meatloaf Tomato Gravy Red Potatoes French Green Beans	Wheat Roll Dutch Apple Pie Milk Margarine Friday 12/28/2018 Taco Meat Shredded Cheese Lettuce & Tomato Pinto Beans
Coffee Milk BBQ Sauce Monday 12/24/2018	Milk Margarine (2) Sour Cream Tuesday 12/25/2018	Coffee Milk Margarine Ranch Dressing Wednesday 12/26/2018 Garlic Rosemary Chicken Confetti Rice Harvard Beets Wheat Roll Fig Bar #	Peaches Coffee Milk Margarine (2) Thursday 12/27/2018 Meatloaf Tomato Gravy Red Potatoes French Green Beans Dinner Roll	Wheat Roll Dutch Apple Pie Milk Margarine Friday 12/28/2018 Taco Meat Shredded Cheese Lettuce & Tomato Pinto Beans Mexican Corn
Coffee Milk BBQ Sauce Monday 12/24/2018	Milk Margarine (2) Sour Cream Tuesday 12/25/2018	Coffee Milk Margarine Ranch Dressing Wednesday 12/26/2018 Garlic Rosemary Chicken Confetti Rice Harvard Beets Wheat Roll Fig Bar # Coffee	Peaches Coffee Milk Margarine (2) Thursday 12/27/2018 Meatloaf Tomato Gravy Red Potatoes French Green Beans Dinner Roll Fresh Fruit	Wheat Roll Dutch Apple Pie Milk Margarine Friday 12/28/2018 Taco Meat Shredded Cheese Lettuce & Tomato Pinto Beans Mexican Corn Flour Tortillas (2)
Coffee Milk BBQ Sauce Monday 12/24/2018	Milk Margarine (2) Sour Cream Tuesday 12/25/2018	Coffee Milk Margarine Ranch Dressing Wednesday 12/26/2018 Garlic Rosemary Chicken Confetti Rice Harvard Beets Wheat Roll Fig Bar # Coffee Milk	Peaches Coffee Milk Margarine (2) Thursday 12/27/2018 Meatloaf Tomato Gravy Red Potatoes French Green Beans Dinner Roll Fresh Fruit Coffee	Wheat Roll Dutch Apple Pie Milk Margarine Friday 12/28/2018 Taco Meat Shredded Cheese Lettuce & Tomato Pinto Beans Mexican Corn Flour Tortillas (2) Tropical Fruit
Coffee Milk BBQ Sauce Monday 12/24/2018	Milk Margarine (2) Sour Cream Tuesday 12/25/2018	Coffee Milk Margarine Ranch Dressing Wednesday 12/26/2018 Garlic Rosemary Chicken Confetti Rice Harvard Beets Wheat Roll Fig Bar # Coffee	Peaches Coffee Milk Margarine (2) Thursday 12/27/2018 Meatloaf Tomato Gravy Red Potatoes French Green Beans Dinner Roll Fresh Fruit Coffee Milk	Wheat Roll Dutch Apple Pie Milk Margarine Friday 12/28/2018 Taco Meat Shredded Cheese Lettuce & Tomato Pinto Beans Mexican Corn Flour Tortillas (2)
Coffee Milk BBQ Sauce Monday 12/24/2018	Milk Margarine (2) Sour Cream Tuesday 12/25/2018	Coffee Milk Margarine Ranch Dressing Wednesday 12/26/2018 Garlic Rosemary Chicken Confetti Rice Harvard Beets Wheat Roll Fig Bar # Coffee Milk	Peaches Coffee Milk Margarine (2) Thursday 12/27/2018 Meatloaf Tomato Gravy Red Potatoes French Green Beans Dinner Roll Fresh Fruit Coffee	Wheat Roll Dutch Apple Pie Milk Margarine Friday 12/28/2018 Taco Meat Shredded Cheese Lettuce & Tomato Pinto Beans Mexican Corn Flour Tortillas (2) Tropical Fruit

Indicates Meal is High in Sodium # - Indicates New Menu Item